

AFRICAN POWERLIFTING FEDERATION



Affiliated to the International Powerlifting Federation

CERTIFICATE

This is to certify that

Tsimane Moses

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *1st place*

in the category *-66kg*

with *105.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Van der Linde Glen

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *1st place*

in the category *-74kg* with *115.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

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CERTIFICATE

This is to certify that

Johnson Charles

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *2nd place*

in the category *-105kg* with *160.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

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CERTIFICATE

This is to certify that

De Nysschen Tommie

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *1st place*

in the category *-83kg*

with *130.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

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CERTIFICATE

This is to certify that

Van der Berg Hercules

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *1st place*

in the category *120+kg* with *172.5kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Oosthuizen Gerhard

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *1st place*

in the category *-120kg* with *180.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Furman Ian

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *no place*

in the category *-120kg* with

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

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CERTIFICATE

This is to certify that

Ayekpa Archie

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *3rd place*

in the category *-93kg*

with *162.5kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Conradie Dennis

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Classic Bench Press
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *1st place*

in the category *120+kg* with *205.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF