

AFRICAN POWERLIFTING FEDERATION



Affiliated to the International Powerlifting Federation

CERTIFICATE

This is to certify that

Manamela Karabo

of the Nation

South Africa

has participated at the

***African Powerlifting 2019 Men's Equipped Powerlifting
Championships***

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *1st place*

in the category *-66kg*

with *535.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Noonan Kyle

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Equipped Powerlifting
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete* has achieved *no place*

in the category *120+kg* with

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Mulaudzi Tshepo

of the Nation

South Africa

has participated at the

*African Powerlifting 2019 Men's Equipped Powerlifting
Championships*

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *1st place*

in the category *-53kg*

with *355.0kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF

AFRICAN POWERLIFTING FEDERATION



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CERTIFICATE

This is to certify that

Monaheng Boitumelo

of the Nation

South Africa

has participated at the

***African Powerlifting 2019 Men's Equipped Powerlifting
Championships***

held in *Potchefstroom/South Africa*

from *01 - 05 October 2019*

as *Athlete*

has achieved *1st place*

in the category *-53kg*

with *352.5kg*

Elmamoun Mohammed

President APF

Kamel Nedjah

Secretary General APF