

Classic Powerlifting - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total
Master 1	47	Barry	Elisabeth	RSA	28-Mar-73	80	40	115	235
Master 1	63	Pacariz	Claire	RSA	16-Feb-77	107.5	52.5	112.5	272.5
Master 1	63	Zietsman	Zonra	RSA	23-Apr-90	80	50	90	220
Master 1	72	McAlpine	Debbie	RSA	15-Oct-76	132.5	60	135	327.5
Master 1	72	Mogorosi	Anastatia	RSA	31-Dec-74	70	80	100	250
Master 1	84	Marangoni	Pia	RSA	09-Dec-76	145	62.5	160	367.5
Master 1	84	Poxon	Jodi	RSA	02-Apr-75	112.5	60	135	307.5
Master 1	84+	Moloele	Phokwane	RSA	11-Jan-77	105	72.5	152.5	330
Master 2	63	Reyneke	Ronel	RSA	01-Jun-69	110	62.5	120	292.5
Master 2	72	Kleynhans	Lana	RSA	15-Feb-67	100	62.5	143	305.5
Master 2	84	Hickman	Fiona	RSA	05-Sep-65	105.5	50	130	285.5
Open	57	Payne	Sasha	RSA	10-May-95	120	70	140	330
Open	63	Louw	Kailey	RSA	13-Aug-93	125	75	162.5	362.5
Open	63	Kouri	Safia	ALG	12/05/1974	150	60	150	360
Open	63	Arkoh	Juliana	GHA	21-Aug-97	130	80	140	350 Junior?
Open	72	Salamatou	Bouba	CAM	21-Dec-91	150	100	170	420
Open	72	Perotti	Olivia	RSA	29-Jan-89	160	86.5	160	406.5
Open	72	Hartzler	Jozanne	RSA	18-Mar-87	120	60	150	330
Open	72	Tatar	Zohra	ALG	1992	100	50	150	300
Open	72	Svonga	Audrey	ZIM	22-Nov-85	100	70	130	300
Open	84	Aboueme Ndeme	Hanriette Audrey	CAM	20-Jun-91	200	100	210	510
Open	84	Chafai	Malia	ALG	20-Oct-74	160	70	180	410
Open	84	Elcott	Emma	RSA	04-Jan-90	145	62.5	160	365
Open	84	Mutanga	Joclyne	ZIM		70	40	120	230
Open	84+	Fokem Fofe	Christelle Aim	CAM	11-Nov-87	175	115	180	470
Open	84+	Norton	Lauren	RSA	31-Mar-89	170	110.5	180	460.5
Open	84+	Kendouci	Touria	ALG	20-Apr-78	160	50	160	370
Open		Warsame Nor	Isnino	SOM	12-Jun-73	35	30	35	100
Junior	57	Maritz	Nicola	RSA	14-Oct-97	85	42.5	100	227.5
Junior	63	Kiban Nkop	Ornela	CAM	08-Feb-99	120	80	130	330
Junior	63	Poxon	Caitlin	RSA	07-Jun-00	122.5	62.5	130	315
Junior	72	Houcine	Amaria	ALG	05-Jun-98	100	50	140	290
Junior	72	Rhode	Elmone	NAM	11-Apr-98	80	50	120	250
Subjunior	52	Grefen	Aimee	RSA	03-Apr-03	85	37.5	105	227.5
Subjunior	52	Baadjies	Liame	RSA	12-Feb-02	72.5	37.5	112.5	222.5
Subjunior	57	Molife	Juliet	ZIM	29-Apr-03	100	50	120	270
Subjunior	57	Colling	Minke	RSA	2003	80	42.5	105	227.5

Classic Powerlifting - Men

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Master 1	59	Shebek	Omar Mohammed	LIB	10-Jun-75	130	90	200	420
Master 1	66	Al Falah	Ashraf Alsadiq	LIB	11-Sep-73	140	120	170	430
Master1	93	Marie	Mohamed	EGY	07-Jul-77	250	180	280	710
Master 1	93	Mechrouh	Benali	ALG	05-Jan-75	210	120	245	575
Master 1	105	Johnson	Charles	RSA	02-Nov-70	225	170	255	650
Master 1	105	Johannes	Marius	NAM	15-Dec-74	215	155	245	615
Master 1	105	Sayed	Mohamed	EGY	1974	230	140	230	600
Master 1	105	Ruaua	Mftah Msri B	LIB	19-May-75	160	130	200	490
Master 1	120	Anwar	Mohamed	EGY	1974	230	140	230	600
Master 1	120	Kedish	Husein Mohammed	LIB	13-Jul-74	280	150	310	740
Master 1	120+	Al Shaykhi	Alauldin	LIB	14-Jul-75	300	200	340	840
Master 1		Koule Nguime	Victor	CAM	18-Feb-77	280	190	280	705
Master 2	66	Amyr	Abdullah	LIB	01-Jan-65	150	100	200	450
Master 2	74	Al Waseya	Mohanned Musafa	LIB	01-Jan-66	120	80	150	350
Master 2	83	Mobara	Ebrahim	RSA	09-Dec-64	202	115	232.5	549.5
Master 2	83	Amer	Mohamed	IVC	20-Jul-68	200	140	180	520
Master 2	93	Al Shaykhi	Abdihakim H	LIB	22-Jan-69	150	110	210	470
Master 2	120	Bensch	Denis	RSA	14-Dec-65	182.5	125	212.5	520
Master 2	120	Mudge	Cliff	RSA	09-Apr-68	203	80	220	503
Master 2	120+	Van der Berg	Hercules	RSA	27-Nov-66	235	155	245.5	635.5
Master 3	74	Hassen	Yunus	RSA	05-Jan-54	130	70	210	410
Master 3	120	Ludik	Andre	RSA	1957	145	110	197.5	452.5
Open	59	Lakehal	Mohamed	ALG	28-Sep-82	200	100	200	500
Open	66	Al Darwge	Ahmed Abdelnasser	LIB	04/12/1995	170	140	220	530

Open	66	Phukuile	Jerry	RSA	13-Dec-90	175	110	212.5	497.5	
Open	74	Lazarides	Nicolas	RSA	11-Dec-92	195	135	230	560	
Open	74	Dippenaar	Conrad	RSA	23-Jan-90	185	137.5	224	547.5	
Open	74	Masaite	Tinotenda	ZIM	07-Jan-98	170	125	210	505	
Open	74	Nikanor	Nicodemus	NAM	20-Dec-90	145	105	215	465	
Open	74	Kone	Kassim	IVC	09-Dec-90	120	115	170	405	
Open	74	Chirima	Dennis	ZIM	03-Feb-97	100	100	180	380	
Open	83	Sultan	Mohamed	EGY	1990	270	130	330	700	
Open	83	Toubal	Fatah	ALG	11-Sep-83	260	150	270	680	
Open	83	Techap	Fongang	CAM	05-Sep-89	250	180	280	660	
Open	83	Sanni	Abdel Wahhab FA	BEN	12-Jul-88	215	147.5	275	637.5	
Open	83	Khuzwayo	Bandile	RSA	02-Dec-90	220	130	260	610	
Open	83	Scheckle	Connor	RSA	24-Nov-87	195	157.5	230	582.5	
Open	93	Kanane	Amar	ALG	28-Sep-82	300	160	300	760	
Open	93	Moluh	Inoussa	CAM	05-Apr-86	270	170	280	720	
Open	93	Al Jazeeri	Adel Hussayn	LIB	22-Dec-80	270	170	270	710	
Open	93	Seuyon	Hendrik Carre	CAM	30-Jun-88	250	175	280	705	
Open	93	Smit	Gian	RSA	04-May-90	245	160	272.5	677.5	
Open	93	Wewege	Tom	RSA	24-Aug-92	225	157.5	277.5	660	
Open	93	Amuzu	Solomon	GHA	04-Mar-98	230	150	250	630 Junior?	
Not in Preli	Open	93	Akif	MOR	12-Apr-85	190	160	200	550	
Open	93	Ekou	Aristide	IVC	12-Aug-94	160	165	190	515	
Open	105	Daebis	Nouraldeen	LIB	26-Jun-93	280	170	300	750	
Open	105	Hussein	Reda	EGY	1990	270	170	300	740	
Open	105	Hussein	Sameh	EGY	1990	270	170	300	740	
Open	105	Sahad	Mohamed	ALG	1987	280	180	280	740	
Open	105	Kwemi Kemajou	Patient le Brun	CAM	19-Apr-81	250	185	285	730	
Open	105	Quantchi	Geoffroy Borris	IVC	25-Apr-89	250	180	280	710	
Open	105	Asare	Leslie	GHA	14-Feb-93	260	190	260	710	
Open	105	Adehe	Christian	GHA	16-Oct-95	235	150	285	670	
Open	105	Kouame	Stephane	IVC	29-Aug-87	215	170	250	635	
Open	120	Fezan-Bi	Gustave	IVC	22-Mar-88	300	200	300	800	
Open	120	Fidan	HusseinMohamed	LIB	11-Sep-95	300	180	320	800	
Open	120	Abd el wahab	Islam	EGY	1990	300	200	300	800	
Open	120	Benjedou	Yacine	ALG	11-Jun-89	290	190	290	770	
Open	120+	Amraah	Ebenezer	GHA	01-Jun-89	335	220	320	875	
Open	120+	Boughalem	Ilyas	ALG	11-Jan-87	320	250	270	840	
Open	120+	Naser el dine	Ali	EGY	1990	300	200	300	800	
		Acheampong	Nicholas	GHA	05-Mar-98					
		Hashi Adan	Abdishakur	SOM	10-May-97	35	30	40	105	
		Ali Osman	Abdullahi	SOM	01-Aug-97	40	37.5	30	107.5	
		Mohamed Hassan	Ahmed	SOM	04-Jun-91	45	40	40	125	
reserve	Junior	66	Samuels	Brandon	RSA	21-Apr-98	170	125	250	545
	Junior	74	Kuhn	Wynand	RSA	08-Feb-99	150	120	225	495
	Junior	74	Ramajoe	Michael	RSA	15-Sep-97	150	115	205	470
	Junior	83	Du Plessis	Rhowan	RSA	16-Sep-96	185	120	225	530
	Junior	83	Crawford	Cameron	RSA	10-Aug-98	180	120	215	515
	Junior	93	Benjedou	Lamine	ALG	02-Jan-97	240	120	245	605
	Junior	93	Maklouf	Abdul Samia Abd Alsameea	LIB	10-Dec-99	170	100	200	470
	Junior	105	Sayed	Mohamed	EGY	1999	250	150	250	650
	Junior	105	Lakhal	Abdelslam	ALG	01-Jan-98	240	120	250	610
	Junior	120	Merwas	Eslam Salem Saleh	LIB	16-Nov-97	300	180	320	800
	Junior	120+	Dib	Hamou	ALG	05-Nov-96	270	150	280	700
	Subjunior	74	Bencheikh	Hichem	ALG	29-May-03	170	100	200	470
	Subjunior	74	Vieira	Marco	RSA	03-Mar-02	150	97.5	185	432.5
	Subjunior	83	Abubrig	Abdalmalek Omar	LIB	18-Aug-01	160	130	240	630
	Subjunior	83	Ferdjoukh	Mohamed	ALG	11-Mar-01	180	110	210	490
	Subjunior	83	Curtain	Simon	RSA	06-Apr-02	122.5	92.5	210	425
	Subjunior	83	Human	Erich	RSA	2001	120	85	185	390
	Subjunior	93	Al Hasi	Saeid Mohammed	LIB	18-Oct-01	200	140	280	620
	Subjunior	105	Abou Dabous	Abdullah Sulayman	LIB	13-Sep-01	200	140	270	610
	Subjunior	120	Furman	Justin	RSA	25-May-01	197.5	110	210	517.5
	Subjunior	120+	Botha	Heinrich	RSA	06-Feb-01	215	125	220	560

Equipped Powerlifting - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total	
Master 2	57	Anthony	Carol	RSA	02-May-66		80	42.5	122.5	245
Open	47	Barry	Elisabeth	RSA	28-Mar-73		120	50.5	122.5	293
Open	84+	Rees	Jacqui	RSA	25-Mar-80		185	110	185	480
Open	84+	De Jager	Christi	RSA	10-Jan-86		165	145	160	470
Junior	57	Maritz	Nicola	RSA	14-Oct-97		117.5	57.5	122.5	297.5
Junior	63	Leighton	Megan	RSA	15-Jan-96		122.5	69	160	351.5

Equipped Powerlifting - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total	
Master1	93	Marie	Mohamed	EGY	07-Jul-77		250	180	280	710
Master 1	105	Sayed	Mohamed	EGY	1974		230	140	230	600
Master 1	120	Anwar	Mohamed	EGY	1974		230	140	230	600
Open	83	Sultan	Mohamed	EGY	1990		270	130	3300	700
Open	105	Hussein	Reda	EGY	1990		270	170	300	740
Open	105	Hussein	Sameh	EGY	1990		270	170	300	740
Open	120	Abd el wahab	Islam	EGY	1990		300	200	300	800
Open	120+	Noonan	Kyle	RSA	03-Aug-90		335	225	310	910
Open	120+	Naser el dine	Ali	EGY	1990		300	200	300	800
Junior	53	Monaheng	Boitumelo	RSA	1997		120	75	150	345
Junior	66	Manamela	Karabo	RSA	07-Dec-99					530
Junior	105	Sayed	Mohamed	EGY	1999		250	150	250	650
Subjunior	53	Mulaudzi	Tshepo	RSA	09-Aug-01		115	80	150	345

Classic Bench - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Open	72	Salamatou	Bouba	CAM	21-Dec-91	105
Open	72	Svonga	Audrey	ZIM	22-Nov-85	70
Open	84+	Antonio	Eva-Raquel	NAM	14-Feb-86	57.5
SubJunior	72	Qilingele	Mbasa	RSA	2001	67.5

Classic Bench - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Master 1	66	Tsimane	Moses	RSA	20-Sep-75	105
Master 1	74	Van der Linde	Glen	RSA	06-Mar-71	117.5
Master1	93	Marie	Mohamed	EGY	07-Jul-77	180
Master 1	93	Stravino	Mark	RSA	03-Apr-74	145
Master 1	105	Johnson	Charles	RSA	02-Nov-70	170
Master 1	105	Sayed	Mohamed	EGY	1974	140
Master 1	105	Balil	Nezar	MOR	30-May-78	170
Master 1	120	Anwar	Mohamed	EGY	1974	140
Master 2	83	De Nysschen	Tommie	RSA	30-May-63	120
Master 2	120	Furman	Ian	RSA	11-Jun-67	185
Master 2	120	Oosthuizen	Gerhard	RSA	03-Apr-64	180
Master 2	120+	Van der Berg	Hercules	RSA	27-Nov-66	155
Open	59	Diamoutene	Alidou	IVC	20-Sep-77	165
Open	74	Hamdani	Fethi	ALG	19-Apr-93	160
Open	83	Techap	Fongang	CAM	05-Sep-89	180
Open	83	Sanni	Abdel Wahhab FA	BEN	12-Jul-88	147.5
Open	83	Sultan	Mohamed	EGY	1990	130
Open	93	Kebbab	Saber	ALG	03-Sep-76	170
Open	93	Ayekpa	Archie	RSA	29-Apr-85	160
Open	105	Hussein	Reda	EGY	1990	170
Open	105	Hussein	Sameh	EGY	1990	170
Open	105	Obanem	Mohammed	EGY	1990	160
Open	105	Balil	Nezar	MOR	30-May-78	170
Open	120	Abd el wahab	Islam	EGY	1990	200
Open	120	Ammor	Mohamed Zine Eddine	ALG	22-Oct-83	180
Open	120+	Naser el dine	Ali	EGY	1990	200
Open	120+	Conradie	Dennis	RSA	10-Apr-86	192.5
Junior	105	Sayed	Mohamed	EGY	1999	150

M1 and Open?

Equipped Bench - Women

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Open	84	Green	Nicola	RSA	29-Sep-83	112.5
Open	84+	De Jager	Christi	RSA	10-Jan-86	147.5
Open	84+	Salamatou	Bouba	CAM	21-Dec-91	115
Open	84+	Rees	Jacqui	RSA	25-Mar-80	107.5
Junior	63	Leighton	Megan	RSA	15-Jan-96	90

Equipped Bench - Men

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Master 1	74	Van der Linde	Glen	RSA	06-Mar-71	140
Master1	93	Marie	Mohamed	EGY	07-Jul-77	180
Master 1	105	Sayed	Mohamed	EGY	1974	140
Master 1	120	Anwar	Mohamed	EGY	1974	140
Master 2	120	Denoon	Andrew	RSA	25-Jun-68	190
Open	83	Sultan	Mohamed	EGY	1990	130
Open	105	Hussein	Reda	EGY	1990	170
Open	105	Hussein	Sameh	EGY	1990	170
Open	105	Obanem	Mohamed Zine Eddine	EGY	1990	160
Open	120	Abd el wahab	Islam	EGY	1990	200
Open	120+	Naser el dine	Ali	EGY	1990	200
Junior	66	Van der Linde	Ruben	RSA	22-Dec-98	125
Junior	105	Sayed	Mohamed	EGY	1999	150