

Classic Powerlifting - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total	
Master 1	47	Barry	Elisabeth	RSA	28-Mar-73	80	40	115	235	
Master 1	63	Pacariz	Claire	RSA	16-Feb-77	107.5	52.5	112.5	272.5	
Master 1	63	Zietsman	Zonra	RSA	23-Apr-90	80	50	90	220	
Master 1	72	McAlpine	Debbie	RSA	15-Oct-76	132.5	60	135	327.5	
Master 1	72	Mogorosi	Anastatia	RSA	31-Dec-74	70	80	100	250	
Master 1	84	Marangoni	Pia	RSA	09-Dec-76	145	62.5	160	367.5	
Master 1	84	Poxon	Jodi	RSA	02-Apr-75	112.5	60	135	307.5	
Master 1	84+	Moloele	Phokwane	RSA	11-Jan-77	105	72.5	152.5	330	
Master 2	63	Reyneke	Ronel	RSA	01-Jun-69	110	62.5	120	292.5	
Master 2	72	Kleynhans	Lana	RSA	15-Feb-67	100	62.5	143	305.5	
Master 2	72	Hickman	Fiona	RSA	05-Sep-65	105.5	50	130	285.5	
Open	57	Payne	Sasha	RSA	10-May-95	120	70	140	330	
Open	63	Guerai	Chaima	MOR	18-Aug-92	135	70	185	390	
Open	63	Louw	Kailey	RSA	13-Aug-93	125	75	162.5	362.5	
Open	63	Kouri	Safia	ALG	12/05/1974	150	60	150	360	
Open	63	Arkoh	Juliana	GHA	21-Aug-97	130	80	140	350 Junior?	
Open	72	Perotti	Olivia	RSA	29-Jan-89	160	86.5	160	406.5	
Open	72	Hartzer	Jozanne	RSA	18-Mar-87	120	60	150	330	
reserve	Open	72	Simelane	Cynthia	RSA	30-Nov-82	110	65	135	322.5
Open	72	Tatar	Zohra	ALG	1992	100	50	150	300	
Open	72	Svonga	Audrey	ZIM	22-Nov-85	100	70	130	300	
Open	84	Chafai	Malia	ALG	20-Oct-74	160	70	180	410	
Open	84	Elcott	Emma	RSA	04-Jan-90	145	62.5	160	365	
Open	84	Mutanga	Jocylene	ZIM		70	40	120	230	
Open	84+	Norton	Lauren	RSA	31-Mar-89	170	110.5	180	460.5	
Open	84+	Kendouci	Touria	ALG	20-Apr-78	160	50	160	370	
Open		Warsame Nor	Isnino	SOM	12-Jun-73	35	30	35	100	
Junior	47	Harding	Patricia	RSA	23-Apr-00	70	37.5	108	215.5	
Junior	57	Maritz	Nicola	RSA	14-Oct-97	85	42.5	100	227.5	
Junior	63	Poxon	Caitlin	RSA	07-Jun-00	122.5	62.5	130	315	
Junior	72	Houcine	Amaria	ALG	05-Jun-98	100	50	140	290	
Junior	72	Rhode	Elmone	NAM	11-Apr-98	80	50	120	250	
Subjunior	52	Grefen	Aimee	RSA	03-Apr-03	85	37.5	105	227.5	
Subjunior	52	Baadjies	Liame	RSA	12-Feb-02	72.5	37.5	112.5	222.5	
Subjunior	57	Molife	Juliet	ZIM	29-Apr-03	100	50	120	270	
Subjunior	57	Colling	Minke	RSA	2003	80	42.5	105	227.5	
Subjunior	57	Sterries	Anastacia	RSA	09-Jun-02	60	30	90	180	
reserve	Subjunior	52	Demeyere	Morgan	RSA	25-Mar-02	67.5	35	77.5	180

Classic Powerlifting - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total
Master 1	59	Shebek	Omar Mohammed	LIB	10-Jun-75	130	90	200	420
Master 1	66	Al Falah	Ashraf Alsadiq	LIB	11-Sep-73	140	120	170	430
Master 1	93	Marie	Mohamed	EGY	07-Jul-77	250	180	280	710
Master 1	105	Johnson	Charles	RSA	02-Nov-70	225	170	255	650
Master 1	105	Johannes	Marius	NAM	15-Dec-74	215	155	245	615
Master 1	105	Sayed	Mohamed	EGY	1974	230	140	230	600
Master 1	105	Ruaua	Mftah Msri B	LIB	19-May-75	160	130	200	490
Master 1	120	Anwar	Mohamed	EGY	1974	230	140	230	600
Master 1	120	Kedish	Husein Mohammed	LIB	13-Jul-74	280	150	310	740
Master 1	120+	Al Shaykhi	Alauldin	LIB	14-Jul-75	300	200	340	840
Master 2	66	Saktiiv	Abderrazak	MOR	12-Jan-69	160	140	180	480
Master 2	66	Amyn	Abdullah	LIB	01-Jan-65	150	100	200	450
Master 2	74	Al Waseya	Mohanned Musafa	LIB	01-Jan-66	120	80	150	350
Master 2	83	Mobara	Ebrahim	RSA	09-Dec-64	202	115	232.5	549.5
Master 2	83	Amer	Mohamed	IVC	20-Jul-68	200	140	180	520
Master 2	93	Al Shaykhi	Abdihakim H	LIB	22-Jan-69	150	110	210	470
Master 2	120	Bensch	Denis	RSA	14-Dec-65	182.5	125	212.5	520
Master 2	120	Mudge	Cliff	RSA	09-Apr-68	203	80	220	503
Master 2	120+	Van der Berg	Hercules	RSA	27-Nov-66	235	155	245.5	635.5
Master 3	74	Hassen	Yunus	RSA	05-Jan-54	130	70	210	410
Master 3	120	Ludik	Andre	RSA	1957	145	110	197.5	452.5
Open	59	Lakehal	Mohamed	ALG	28-Sep-82	200	100	200	500
Open	59	Musendire	Mannix	ZIM	05-Apr-99	155	80	200	435 Junior?
Open	66	Al Darwge	Ahmed Abdelnasser	LIB	04/12/1995	170	140	220	530
Open	66	Du Preez	Nico	RSA	04-Oct-94	180	110	227.5	517.5
Open	66	Phukuile	Jerry	RSA	13-Dec-90	175	110	212.5	497.5
Open	66	Utete	Talent	ZIM	12-Dec-98	130	80	220	430 Junior?
Open	74	Abdellah	Choug dali	MOR	24-Apr-90	200	140	240	580
Open	74	Naouv	Jalal	MOR	25-my-1989	190	130	250	570
Open	74	Lazarides	Nicolas	RSA	11-Dec-92	195	135	230	560
Open	74	Dippenaar	Conrad	RSA	23-Jan-90	185	137.5	224	547.5
Open	74	Masaite	Tinotenda	ZIM	07-Jan-98	170	125	210	505 Junior?
Open	74	Nikanor	Nicodemus	NAM	20-Dec-90	145	105	215	465

	Open	74	Kone	Kassim	IVC	09-Dec-90	120	115	170	405	
reserve	Open	74	Chipembere	Jacob	ZIM	21-Dec-99	100	125	170	395	Junior?
	Open	74	Chirima	Dennis	ZIM	03-Feb-97	100	100	180	380	Junior?
	Open	83	Sultan	Mohamed	EGY	1990	270	130	330	700	
	Open	83	Toubal	Fatah	ALG	11-Sep-83	260	150	270	680	
	Open	83	Sanni	Abdel Wahhab FA	BEN	12-Jul-88	215	147.5	275	637.5	
	Open	83	Khuzwayo	Bandile	RSA	02-Dec-90	220	130	260	610	
	Open	83	Scheckle	Connor	RSA	24-Nov-87	195	157.5	230	582.5	
	Open	83	Tawdi	Adil	MOR	26-Aug-86	210	120	220	550	
	Open	93	Kanane	Amar	ALG	28-Sep-82	300	160	300	760	
	Open	93	Al Jazeeri	Adel Hussayn	LIB	22-Dec-80	270	170	270	710	
	Open	93	Smit	Gian	RSA	04-May-90	245	160	272.5	677.5	
	Open	93	Wewege	Tom	RSA	24-Aug-92	225	157.5	277.5	660	
	Open	93	Taoufiki	Abdelkader	MOR	10-Jun-90	230	150	260	640	
reserve	Open	93	Amuzu	Solomon	GHA	04-Mar-98	230	150	250	630	Junior?
	Open	93	Smedley	Deon	RSA	04-May-84	225	150	247.5	622.5	
	Open	93	Bell	Joshua	NAM	14-Dec-91	190	160	240	590	
	Open	93	Ekou	Aristide	IVC	12-Aug-94	160	165	190	515	
	Open	105	Daebis	Nouraldeen	LIB	26-Jun-93	280	170	300	750	
	Open	105	Hussein	Reda	EGY	1990	270	170	300	740	
	Open	105	Hussein	Sameh	EGY	1990	270	170	300	740	
	Open	105	Sahad	Mohamed	ALG	1987	280	180	280	740	
	Open	105	Ouantchi	Geoffroy Borris	IVC	25-Apr-89	250	180	280	710	
	Open	105	Asare	Leslie	GHA	14-Feb-93	260	190	260	710	
	Open	105	Liemlahi	Youssef	MOR	09-Apr-88	270	140	285	695	
	Open	105	Aieddi	Mostapha	MOR	14-Oct-88	230	165	290	685	
	Open	105	Adehe	Christian	GHA	16-Oct-95	235	150	285	670	
	Open	105	Kouame	Stephane	IVC	29-Aug-87	215	170	250	635	
	Open	120	Fezan-Bi	Gustave	IVC	22-Mar-88	300	200	300	800	
	Open	120	Fidan	HusseinMohamed	LIB	11-Sep-95	300	180	320	800	
	Open	120	Abd el wahab	Islam	EGY	1990	300	200	300	800	
	Open	120	Benjedou	Yacine	ALG	11-Jun-89	290	190	290	770	
	Open	120+	Amraah	Ebenezer	GHA	01-Jun-89	335	220	320	875	
	Open	120+	Boughalem	Ilyas	ALG	11-Jan-87	320	250	270	840	
	Open	120+	Naser el dine	Ali	EGY	1990	300	200	300	800	
			Acheampong	Nicholas	GHA	05-Mar-98					
			Hashi Adan	Abdishakur	SOM	10-May-97	35	30	40	105	
			Ali Osman	Abdullahi	SOM	01-Aug-97	40	37.5	30	107.5	
			Mohamed Hassan	Ahmed	SOM	04-Jun-91	45	40	40	125	
	Junior	66	Samuels	Brandon	RSA	21-Apr-98	170	125	250	545	
	Junior	74	Kuhn	Wynand	RSA	08-Feb-99	150	120	225	495	
	Junior	74	Oosthuizen	Ruan	RSA	02-Jun-96	167.5	112.5	210	490	
reserve	Junior	74	Ramajoe	Michael	RSA	15-Sep-97	150	115	205	470	
reserve	Junior	74	Daniels	Xavier	RSA	17-Feb-00	180	90	200	470	
reserve	Junior	74	Kotsi	Tshepo	RSA	13-Nov-97	150	90	220	460	
	Junior	83	Du Plessis	Rhowan	RSA	16-Sep-96	185	120	225	530	
	Junior	83	Crawford	Cameron	RSA	10-Aug-98	180	120	215	515	
reserve	Junior	83	Mwamba	Jean Elie	RSA	02-Jul-98	167.5	120	227.5	515	
	Junior	93	Benjedou	Lamine	ALG	02-Jan-97	240	120	245	605	
	Junior	93	Maklouf	Abdul Samia Abd Alsameea	LIB	10-Dec-99	170	100	200	470	
	Junior	105	Sayed	Mohamed	EGY	1999	250	150	250	650	
	Junior	105	Lakhil	Abdelslam	ALG	01-Jan-98	240	120	250	610	
	Junior	120	Merwas	Islam Salem Saleh	LIB	16-Nov-97	300	180	320	800	
	Junior	120+	Dib	Hamou	ALG	05-Nov-96	270	150	280	700	
	Subjunior	53	Du Plessis	Xavier	RSA	25-Feb-02	92.5	60	135	287.5	
	Subjunior	74	Bencheikh	Hichem	ALG	29-May-03	170	100	200	470	
	Subjunior	74	Vieira	Marco	RSA	03-Mar-02	150	97.5	185	432.5	
	Subjunior	83	Abubrig	Abdalmalek Omar	LIB	18-Aug-01	160	130	240	630	
	Subjunior	83	Ferdjoukh	Mohamed	ALG	11-Mar-01	180	110	210	490	
	Subjunior	83	Curtain	Simon	RSA	06-Apr-02	122.5	92.5	210	425	
	Subjunior	83	Human	Erich	RSA	2001	120	85	185	390	
	Subjunior	93	Al Hasi	Saeid Mohammed	LIB	18-Oct-01	200	140	280	620	
	Subjunior	105	Abou Dabous	Abdullah Sulayman	LIB	13-Sep-01	200	140	270	610	
	Subjunior	120	Furman	Justin	RSA	25-May-01	197.5	110	210	517.5	
	Subjunior	120+	Botha	Heinrich	RSA	06-Feb-01	215	125	220	560	

Equipped Powerlifting - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total
Master 2	57	Anthony	Carol	RSA	02-May-66		80	42.5	122.5
Open	47	Barry	Elisabeth	RSA	28-Mar-73		120	50.5	122.5
Open	63	Basson	Lisa	RSA	26-Jun-84		145	94.5	165
Open	84+	Rees	Jacqui	RSA	25-Mar-80		185	110	185
Open	84+	De Jager	Christi	RSA	10-Jan-86		165	145	160
Junior	57	Maritz	Nicola	RSA	14-Oct-97		117.5	57.5	122.5
Junior	63	Leighton	Megan	RSA	15-Jan-96		122.5	69	160
Junior	63	Harding	Samantha	RSA	1997		112.5	60	137.5
Subjunior	57	Colling	Minke	RSA	2003		80	42.5	105

Equipped Powerlifting - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	SQ	BP	DL	Total
Master1	93	Marie	Mohamed	EGY	07-Jul-77		250	180	280
Master 1	105	Sayed	Mohamed	EGY	1974		230	140	230
Master 1	120	Ferreira	Louis	RSA	07-Jun-79		215	155	275
Master 1	120	Anwar	Mohamed	EGY	1974		230	140	230
Master 2	93	Mobara	Ebrahim	RSA	09-Dec-64		202	115	232.5
Master 2	120+	Van der Berg	Hercules	RSA	27-Nov-66		235	155	245.5
Open	83	Sultan	Mohamed	EGY	1990		270	130	330
Open	105	Hussein	Reda	EGY	1990		270	170	300
Open	105	Hussein	Sameh	EGY	1990		270	170	300
Open	120	Abd el wahab	Islam	EGY	1990		300	200	300
Open	120+	Noonan	Kyle	RSA	03-Aug-90		335	225	310
Open	120+	Naser el dine	Ali	EGY	1990		300	200	300
Junior	53	Monaheng	Boitumelo	RSA	1997		120	75	150
Junior	66	Manamela	Karabo	RSA	07-Dec-99				530
Junior	105	Sayed	Mohamed	EGY	1999		250	150	250
Subjunior	53	Mulaudzi	Tshepo	RSA	09-Aug-01		115	80	150

Classic Bench - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Open		Antonio	Eva-Raquel	NAM	14-Feb-86	57.5
SubJunior	72	Qilingele	Mbasa	RSA	2001	67.5

Classic Bench - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Master 1	66	Tsimane	Moses	RSA	20-Sep-75	105
Master 1	74	Van der Linde	Glen	RSA	06-Mar-71	117.5
Master1	93	Marie	Mohamed	EGY	07-Jul-77	180
Master 1	93	Stravino	Mark	RSA	03-Apr-74	145
Master 1	105	Johnson	Charles	RSA	02-Nov-70	170
Master 1	105	Sayed	Mohamed	EGY	1974	140
Master 1	105	Bailil	Nezar	MOR	30-May-78	170
Master 1	120	Anwar	Mohamed	EGY	1974	140
Master 2	83	De Nysschen	Tommie	RSA	30-May-63	120
Master 2	120	Furman	Ian	RSA	11-Jun-67	185
Master 2	120	Oosthuizen	Gerhard	RSA	03-Apr-64	180
Master 2	120+	Van der Berg	Hercules	RSA	27-Nov-66	155
Open	59	Diamoutene	Alidou	IVC	20-Sep-77	165
Open	74	Hamdani	Fethi	ALG	19-Apr-93	160
Open	83	Sultan	Mohamed	EGY	1990	130
Open	93	Kebbab	Saber	ALG	03-Sep-76	170
Open	93	Ayekpa	Archie	RSA	29-Apr-85	160
Open	105	Hussein	Reda	EGY	1990	170
Open	105	Hussein	Sameh	EGY	1990	170
Open	105	Obanem	Mohamed Zine Eddine	EGY	1990	160
Open	120	Abd el wahab	Islam	EGY	1990	200
Open	120	Ammor	Mohamed	ALG	22-Oct-83	180
Open	120	Bakari	Seremani	ZIM	11-May-80	177
Open	120	Tobi	Hamza	MOR	01-Jan-93	160
Open	120+	Naser el dine	Ali	EGY	1990	200
Open	120+	Conradie	Dennis	RSA	10-Apr-86	192.5
Junior	105	Sayed	Mohamed	EGY	1999	150

Equipped Bench - Women

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Open	63	Basson	Lisa	RSA	26-Jun-84	94.5
Open	84	Green	Nicola	RSA	29-Sep-83	112.5
Open	84+	De Jager	Christi	RSA	10-Jan-86	147.5
Open	84+	Rees	Jacqui	RSA	25-Mar-80	107.5
Junior	63	Leighton	Megan	RSA	15-Jan-96	90

Equipped Bench - Men

Age Division	Weight Division	Family Name	First Name	Country	Birthday	BP
Master 1	74	Van der Linde	Glen	RSA	06-Mar-71	140
Master1	93	Marie	Mohamed	EGY	07-Jul-77	180
Master 1	105	Sayed	Mohamed	EGY	1974	140
Master 1	120	Anwar	Mohamed	EGY	1974	140
Master 2	120	Denoon	Andrew	RSA	25-Jun-68	190
Master 2	120	Furman	Ian	RSA	11-Jun-67	235
Open	83	Sultan	Mohamed	EGY	1990	130
Open	105	Hussein	Reda	EGY	1990	170
Open	105	Hussein	Sameh	EGY	1990	170
Open	105	Obanem	Mohamed Zine Eddine	EGY	1990	160
Open	120	Abd el wahab	Islam	EGY	1990	200
Open	120+	Naser el dine	Ali	EGY	1990	200
Junior	66	Van der Linde	Ruben	RSA	22-Dec-98	125
Junior	105	Sayed	Mohamed	EGY	1999	150

RAW PL	43	47	52	57	63	72	84	84+	53	59	66	74	83	93	105	120	120+	Gold	Silver	Bronze
SJ			2	3					1			2	4	1	1	1	1	9	4	2
J		1		1	1	2					1	2	2	2	2	1	1	11	5	0
O				1	4	4	3	2		2	4	8	6	8	10	4	3	13	12	10
M1		1			2	2	2	1		1	1		6	1	4	2	1	11	5	1
M2					1	2					2	1	2	1		2	1	8	4	0
M3												1				1		2	0	0
M4																				

EQ PL	43	47	52	57	63	72	84	84+	53	59	66	74	83	93	105	120	120+	Gold	Silver	Bronze
SJ				1					1									2	0	0
J				1	2				1		1				1			5	1	0
O		1			1			2					1		2	1	2	7	3	0
M1														1	1	2		3	1	0
M2				1										1			1	3	0	0
M3																				
M4																				

RAW BP	43	47	52	57	63	72	84	84+	53	59	66	74	83	93	105	120	120+	Gold	Silver	Bronze
SJ						1												1		
J															1			1		
O					1					1		1	1	2	3	4	2	8	4	3
M1											1	1		2	3	1		5	2	1
M2													1			2	1	3	1	
M3																				
M4																				

EQ BP	43	47	52	57	63	72	84	84+	53	59	66	74	83	93	105	120	120+	Gold	Silver	Bronze
SJ																				
J					1						1				1			3		
O					1		1	2					1		3	1	1	7	2	1
M1												1		1	1	1		4		
M2																2		1	1	
M3																				
M4																				

107	45	18
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