

AFRICAN POWERLIFTING FEDERATION
African Mens Classic Powerlifting Championships, Meknes (Morocco), 15-17.09.2022

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
Open																					
-59kg																					
1.	Alj Youssef	15.11.96	MOR	58,20	0,1667	2	145,0	155,0	160,0	1	85,0	90,0	92,5	1	190,0	200,0	205,0	1	450,0	75,01	12
-66kg																					
1.	Ziouere Sid Ali	17.05.86	ALG	65,54	0,1565	6	185,0	195,0	205,0	1	102,5	112,5	115,0	1	195,0	202,5	205,0	1	522,5	81,75	12
2.	Kouassi Ghislain Ulrich	11.10.94	CIV	63,25	0,1594	7	165,0	180,0	185,0	2	90,0	100,0	102,5	2	185,0	200,0	210,0	2	480,0	76,53	9
-74kg																					
1.	El Bassami Abdessalam	17.05.96	MOR	73,60	0,1472	14	195,0	207,5	217,5	1	130,0	140,0	145,0	2	250,0	265,0	275,0	1	632,5	93,12	12
2.	Belmokadem Abdennasse	09.01.90	ALG	73,66	0,1472	17	205,0	215,0	222,5	2	145,0	150,0	155,0	1	220,0	230,0	240,0	3	600,0	88,30	9
3.	Lahmidi Abdelghafor	26.07.94	MOR	73,20	0,1476	16	190,0	190,0	205,0	3	105,0	112,5	117,5	3	220,0	232,5	245,0	2	547,5	80,83	8
-83kg																					
1.	Toubal Fatah	11.09.83	ALG	82,03	0,1393	29	270,0	280,0	285,0	1	160,0	167,5	170,0	1	270,0	285,0	290,0	2	735,0	102,35	12
2.	Boutarta Mohammed Zak	27.04.95	MOR	81,50	0,1397	31	200,0	X	X	2	137,5	140,0	140,0	2	285,0	300,0	318,0	1	640,0	89,42	9
-93kg																					
1.	Kanane Amar	03.10.87	ALG	92,91	0,1309	42	305,0	322,5	331,5	1	172,5	180,0	185,0	1	320,0	335,0	342,5	1	846,5	110,79	12
2.	Ntuli Nkosinathi	24.08.97	RSA	92,15	0,1314	40	235,0	240,0	240,0	2	140,0	150,0	152,5	2	270,0	280,0	285,0	2	665,0	87,39	9
-105kg																					
1.	Bendjeddou Yacine	11.06.85	ALG	105,00	0,1235	50	290,0	312,5	312,5	1	170,0	180,0	185,0	1	300,0	315,0	325,0	1	795,0	98,15	12
-120kg																					
1.	Sahad Mohamed	01.01.87	ALG	119,15	0,1166	54	345,0	360,0	370,0	1	200,0	210,0	220,0	1	325,0	340,0	347,5	1	920,0	107,28	12
2.	Gustave Fezan Bi	22.03.86	CIV	118,81	0,1168	53	250,0	280,0	282,5	2	180,0	182,5	182,5	2	300,0	325,0	347,5	2	785,0	91,65	9
3.	Ajeddi Mostapha	14.10.86	MOR	110,73	0,1205	55	245,0	255,0	255,0	3	160,0	170,0	170,0	3	280,0	300,0	305,0	3	720,0	86,75	8
120+kg																					
1.	Boughalem Ilyas	11.01.87	ALG	160,90	0,1034	60	330,0	355,0	360,0	1	250,0	260,0	270,0	1	270,0	280,0	300,0	1	925,0	95,68	12

Team (points)

1. Algeria	60 [12+12+12+12+12]	514,25IPF GL
2. Morocco	49 [12+12+9+8+8]	425,13IPF GL
3. Ivory Coast	18 [9+9]	168,18IPF GL
4. South Africa	9 [9]	87,39IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Kanane Amar	Algeria	92,91	846,5	110,7925	1
2.	Sahad Mohamed	Algeria	119,15	920,0	107,2794	1
3.	Toubal Fatah	Algeria	82,03	735,0	102,3502	1

Sub-Juniors

-74kg																					
1.	Siila Azouaou	29.06.05	ALG	72,35	0,1485	12	180,0	190,5	195,0	1	100,0	110,0	115,0	1	200,0	212,5	220,5	1	525,5	78,06	12
2.	Nel Braam	04.09.07	RSA	73,50	0,1473	13	140,0	150,0	162,5	2	65,0	75,0	80,0	2	185,0	195,0	200,0	2	437,5	64,46	9

Team (points)

1. Algeria	12 [12]	78,06IPF GL
2. South Africa	9 [9]	64,46IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Siila Azouaou	Algeria	72,35	525,5	78,0588	1
2.	Nel Braam	South Africa	73,50	437,5	64,4560	2

Juniors**-66kg**

1.	Zaaf Farook	01.01.02	ALG	65,32	0,1567	4	190,0	200,0	210,0	1	80,0	87,5	87,5	2	200,0	210,0	220,0	2	517,5	81,11	12
2.	Atif Ayman	09.02.01	MOR	62,85	0,1600	3	175,0	180,0	X	2	100,0	105,0	110,0	1	210,0	220,0	230,0	1	510,0	81,59	9

-74kg

1.	Bentir Chemseddine	05.04.95	ALG	73,35	0,1475	100	205,0	220,0	225,0	1	120,0	135,0	140,0	1	220,0	230,0	240,0	1	605,0	89,23	12
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-83kg

1.	Ferdjouxh Mohamed	01.01.01	ALG	82,00	0,1393	21	180,0	190,0	205,0	1	110,0	125,0	135,0	1	275,0	290,0	295,0	1	625,0	87,05	12
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-93kg

1.	Bendjeddou Noureddine	01.01.95	ALG	89,55	0,1333	38	230,0	242,5	250,0	1	135,0	142,5	145,0	2	260,0	270,0	285,0	2	655,0	87,29	12
2.	Zerai Elyes	09.04.00	TUN	92,62	0,1311	35	210,0	222,5	232,5	3	110,0	117,5	122,5	3	291,5	301,5	305,0	1	646,5	84,75	9
3.	Negra Soulaïmane	19.09.00	MOR	90,75	0,1324	39	200,0	220,0	235,0	2	130,0	135,0	140,0	1	250,0	270,0	285,0	3	645,0	85,40	8

-105kg

1.	Sbouï Fares	00.12.00	TUN	101,62	0,1254	45	270,0	285,0	290,5	1	182,5	185,0	192,5	1	290,0	308,0	313,0	1	788,5	98,86	12
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Team (points)

1. Algeria	48 [12+12+12+12]	344,68IPF GL
2. Tunisia	21 [12+9]	183,60IPF GL
3. Morocco	17 [9+8]	166,99IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Sbouï Fares	Tunisia	101,62	788,5	98,8558	1
2.	Bentir Chemseddine	Algeria	73,35	605,0	89,2278	1
3.	Bendjeddou Noureddine	Algeria	89,55	655,0	87,2925	1

Masters 2**-120kg**

1.	de Beer Hermanus	15.04.70	RSA	112,97	0,1194	51	160,0	180,0	200,0	1	135,0	140,0	145,0	1	250,0	270,0	280,0	1	610,0	72,83	12
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120+kg

1.	Crain John	09.12.65	RSA	120,97	0,1158	56	150,0	200,0	220,0	1	150,0	170,0	170,0	1	150,0	240,0	280,0	1	540,0	62,55	12
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Team (points)

1. South Africa	24 [12+12]	135,39IPF GL
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Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	de Beer Hermanus	South Africa	112,97	610,0	72,8328	1
2.	Crain John	South Africa	120,97	540,0	62,5531	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ALG = Algeria

CIV = Ivory Coast

MOR = Morocco

RSA = South Africa

TUN = Tunisia