

INTERNATIONAL POWERLIFTING FEDERATION
Africa powerlifting bench press MEN raw, Potch (SA), 01-05.10.2019
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	Lot	1 Att.	2 Att.	3 Att.	Result	IPF Pts	Pts
Open											
-74kg											
1	Hamdani Fethi	19.04.93	ALG	73,65	4	145.0	155.0	160.0	160.0	710,98	12
-93kg											
1	Kebbab Saber	03.09.76	ALG	91,60	11	160.0	165.0	180.0	180.0	684,54	12
2	Akif Ali	12.04.85	MOR	93,00	-10	160.0	170.0	165.0	165.0	621,26	9
3	Ayekpa Archie	29.04.85	RSA	90,35	12	155.0	162.5	167.5	162.5	623,63	8
-120kg											
1	Ammor Mohamed Zine Edc	22.10.83	ALG	117,50	24	200.0	212.5	220.0	220.0	718,42	12
2	Obaydallah Ali Salim Abdul	12.01.83	LIB	114,15	-10	150.0	160.0	170.0	160.0	531,44	9
120+kg											
1	Conradie Dennis	10.04.86	RSA	143,40	28	195.0	205.0	205.0	205.0	601,72	12
2	Nasreldin Hassan	10.06.88	EGY	130,00	-10	130.0	140.0	150.0	150.0	463,74	9

Nation (points)

1	Algeria	36	[12+12+12]	2113.95 IPF Pts
2	South Africa	20	[12+8]	1225.35 IPF Pts
3	Morocco	9	[9]	621.26 IPF Pts
4	Libya	9	[9]	531.44 IPF Pts
5	Egypt	9	[9]	463.74 IPF Pts

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Ammor Mohamed Zine Edc	Algeria	117,50	220.0	718.4250	1
2.	Hamdani Fethi	Algeria	73,65	160.0	710.9813	1
3.	Kebbab Saber	Algeria	91,60	180.0	684.5441	1

Juniors

-105kg											
1	Farrag Ahmed	24.08.98	EGY	102,90	-10	90.0	105.0	115.0	115.0	406,30	12

Nation (points)

1 Egypt

12 [12] 406.30 IPF Pts

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Farrag Ahmed	Egypt	102,90	115.0	406.3023	1

Masters 1

-66kg

1	Tsimane Moses	20.09.75	RSA	61,45	2	90.0	105.0	115.0	105.0	541,69	12
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-74kg

1	Van der Linde Glen	06.03.71	RSA	71,35	3	110.0	115.0	117.5	115.0	523,37	12
2	Al Falah Ashraf Alsadiq	11.09.73	LIB	70,50	-10	90.0	90.0	115.0	90.0	413,09	9

-105kg

1	Balil Nezar	30.05.78	MOR	101,80	19	172.5	182.5	187.5	187.5	666,58	12
2	Johnson Charles	02.11.70	RSA	96,75	14	160.0	170.0	172.5	160.0	587,28	9

-120kg

1	Makhlouf Tariq	09.02.75	LIB	119,10	-10	120.0	130.0	140.0	130.0	421,72	12
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Nation (points)

1	South Africa	33	[12+12+9]	1652.34	IPF Pts
2	Libya	21	[12+9]	834.81	IPF Pts
3	Morocco	12	[12]	666.58	IPF Pts

Best Lifters of Masters 1 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Balil Nezar	Morocco	101,80	187.5	666.5832	1
2.	Johnson Charles	South Africa	96,75	160.0	587.2771	2
3.	Tsimane Moses	South Africa	61,45	105.0	541.6898	1

Masters 2

-83kg

1	De Nysschen Tommie	30.05.63	RSA	80,15	5	120.0	127.5	130.0	130.0	542,02	12
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-120kg

1	Oosthuizen Gerhard	03.04.64	RSA	117,10	22	180.0	195.0	195.0	180.0	589,12	12
—	Furman Ian	06.11.67	RSA	120,00	21	187.5	192.5	192.5	DSQ	—	—

120+kg

1	Van der Berg Hercules	27.11.66	RSA	168,70	26	160.0	167.5	172.5	172.5	468,14	12
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Nation (points)

1	South Africa	36	[12+12+12]	1599.27	IPF Pts
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Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Result	IPF Points	C.Rnk
1.	Oosthuizen Gerhard	South Africa	117,10	180.0	589.1181	1
2.	De Nysschen Tommie	South Africa	80,15	130.0	542.0185	1
3.	Van der Berg Hercules	South Africa	168,70	172.5	468.1363	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ALG = Algeria

LIB = Libya

RSA = South Africa

EGY = Egypt

MOR = Morocco