

INTERNATIONAL POWERLIFTING FEDERATION
Africa Powerlifting Equiped men, Potch (Sa), 01-05.10.2019
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF Pts	Pts			
Open																				
120+kg																				
—	Noonan Kyle	03.08.90	RSA	143,70	13	365.0	365.0	365.0	—	X	X	X	—	X	X	X	—	DSQ	—	—

Nation (points)

— South Africa —

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
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Sub-Juniors

-53kg																				
1	Mulaudzi Tshepo	01.08.09	RSA	50,50	2	120.0	125.0	125.0	1	70.0	80.0	85.0	1	155.0	167.5	167.5	1	355.0	454.60	12

Nation (points)

1 South Africa 12 [12] 454.60 IPF Pts

Best Lifters of Subjuniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
1.	Mulaudzi Tshepo	South Africa	50,50	355.0	454.5987	1

Juniors

1	Monaheng Boitumelo	01.01.97	RSA	50,20	1	120.0	125.0	130.0	1	70.0	77.5	80.0	1	140.0	150.0	152.5	1	352.5	454.16	12
-66kg																				
1	Manamela Karabo	07.12.99	RSA	65,90	3	200.0	200.0	200.0	1	120.0	120.0	125.0	1	215.0	220.0	220.0	1	535.0	529.82	12

Nation (points)

1 South Africa 24 [12+12] 983.98 IPF Pts

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
1.	Manamela Karabo	South Africa	65,90	535.0	529.8243	1
2.	Monaheng Boitumelo	South Africa	50,20	352.5	454.1584	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
RSA = South Africa