

INTERNATIONAL POWERLIFTING FEDERATION
Africa powerlifting equipped women, potch (SA), 01-05.10.2019
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF Pts	Pts			
Open																				
-47kg																				
1	Barry Elisabeth	28.03.73	RSA	46,85	1	100.0	115.0	115.0	1	45.0	50.0	50.0	1	105.0	120.0	132.5	1	270.0	452.90	12
84+kg																				
1	Rees Jacqui	25.03.80	RSA	95,45	5	175.0	185.0	185.0	1	105.0	112.5	122.5	2	160.0	180.0	185.0	1	482.5	545.87	12
2	De Jager Christi	10.01.86	RSA	100,20	6	150.0	160.0	160.0	2	145.0	150.0	155.0	1	150.0	170.0	177.5	2	475.0	530.72	9

Nation (points)

1 South Africa 33 [12+12+9] 1529.49 IPF Pts

Best Lifters of Open by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
1.	Rees Jacqui	South Africa	95,45	482.5	545.8710	1
2.	De Jager Christi	South Africa	100,20	475.0	530.7193	2
3.	Barry Elisabeth	South Africa	46,85	270.0	452.8986	1

Juniors

-57kg																				
1	Maritz Nicola	14.10.97	RSA	56,85	3	110.0	117.5	120.0	1	57.5	57.5	60.0	1	105.0	112.5	120.0	1	295.0	447.36	12
-63kg																				
—	Leighton Megan	15.01.96	RSA	61,60	4	132.5	X	X	1	105.0	108.0	108.0	—	147.5	157.5	162.5	1	DSQ	—	—

Nation (points)

1 South Africa 12 [12] 447.36 IPF Pts

Best Lifters of Juniors by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
1.	Maritz Nicola	South Africa	56,85	295.0	447.3637	1

Masters 2

-57kg																				
1	Anthony Carol	02.05.66	RSA	55,35	2	102.5	112.5	122.5	1	45.0	47.5	50.0	1	120.0	132.5	X	1	295.0	452.15	12

Nation (points)

1 South Africa 12 [12] 452.15 IPF Pts

Best Lifters of Masters 2 by IPF Points System

Rnk	Lifter	Nation	Bwt	Total	IPF Points	C.Rnk
1.	Anthony Carol	South Africa	55,35	295.0	452.1464	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 RSA = South Africa