



Dear friends

Dear APF members

On behalf of the African powerlifting federation I would like to welcome to Meknés for the African powerlifting championships and for the our General assembly 2018

Many great achievements happened during last year

Membership is growing with provisional members Zimbabwe,Gambia;Benin,somalia And contact discussions to join from sychelle , cape vert ,Madagascar,Congo,tunisia ,and Nigeria,

I believe we successfully improved our work in all its aspects : communication with our members ,with provisional members and non members also with IPF president and secretary general interchanged between 195 Emails this year .

We reach a succes steps with the Mr Gaston notes :

1. to ensure we are familiar with the process for applying for Provisional Membership of the APF.
2. to improve the APF webpage To 1539 subscribers
3. Creation of APF official site web/www.powerlifting-africa.com

Included all the same content as the IPF page :Constitution, Exec contact details, Member contacts, Calendar, Competition results, Records,

our object to increase the Content in French and Arabic language .



4. Financial report: We appoint 2 auditors Mr Xavier from France and Mr Maree from Egypt to review and approve the financials. Unfortunately the APF bank account is not born until now.

5. We have a success with IPF sponsored the following for African Championship: Referee lights, competition scale.

I would like to express my thanks and gratitude to all of you and special thanks to our IPF president Mr Gaston Parage for the cooperation and his attention to grow up our APF and Robert Keller the secretary general of IPF for the time spent to respond to all my emails and emails of the APF's new members.

All these steps we made all together lead us to our final goal to improve our sport in our continent.

So my last thank goes to all our African lifters and to all coaches

I see the bright future for our sport, let us enjoy it together.

Proposals:

- put together an application for submission for powerlifting to be included in the 2019 African Games in Morocco.

- Need to plan to put together the same Commissions as the IPF the priority Anti-Doping Commission and Ethics & Disciplinary Committee...

- all countries should be encouraged to encourage their referees to become international referees



- the welcome growth of women's powerlifting in Africa
Important to continue to grow the numbers of female lifters and female referees. (Note that the International Cat 1&2 referee exam is free for females).

Motivation:

proposed that in each APF Congress to give A honorable trophy title like a commemorative for an official member or coach or powerlifter...

Given his contribution to the growth and development and spent time of service to APF and the powerlifting sport in general.

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Good luck

Elmamoun Mohamed

General secretary of APF