

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - OPEN						as at	06/10/2019	
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status
SQUAT								
-59kg	Mohammed Lakehal	Algeria	28/09/1982	59.00	228.0	2018.10.20	Meknes,Morocco	
-66kg	African Standard				227.5	2017.10.17		
-74kg	Rabah El Fekair	Algeria	28/03/1987	73.27	260.0	2017.10.20	Bejaia, Algeria	
-83kg	Toubal Fateh	Algeria	09/09/1983	81.60	295.0	2019.06.15	Helsingborg,Sweden	
-93kg	Amar Kanane	Algeria	03/10/1987	92.57	330.0	2018.06.17	Calgary, Canada	
-105kg	Mohammed Sahad	Algeria	29/07/1987	104.24	310.0	2019.10.05	Potchefstroom, South Africa	*
-120kg	Fezan Bi Tiani	Ivory Coast	22/03/1988	119.47	325.0	2017.10.21	Bejaia, Algeria	
120+kg	Ebenezer Amraah	Ghana	06/01/1989	137.83	355.0	2018.10.20	Meknes,Morocco	
BENCH PRESS								
-59kg	African Standard				145.0	2017.10.17		
-66kg	African Standard				160.0	2017.10.17		
-74kg	African Standard				172.5	2017.10.17		
-83kg	Toubal Fateh	Algeria	09/09/1983	81.60	185.0	2019.06.15	Helsingborg,Sweden	
-93kg	African Standard				197.5	2017.10.17		
-105kg	African Standard				212.5	2017.10.17		
-120kg	African Standard				227.5	2017.10.17		
120+kg	Ilyes Boughalem	Algeria	11/01/1987	159.40	291.0	2019.10.05	Potchefstroom, South Africa	*
DEADLIFT								
-59kg	African Standard				242.5	2017.10.17		
-66kg	Ahmed Al Darwege	Libya	04/12/1995	65.00	260.0	2019.10.05	Potchefstroom, South Africa	*
-74kg	Billal Aouimer	Algeria	25/11/1993	73.35	292.5	2018.06.17	Calgary, Canada	
-83kg	Toubal Fateh	Algeria	09/09/1983	81.60	317.5	2019.06.15	Helsingborg,Sweden	
-93kg	Amar Kanane	Algeria	03/10/1987	92.64	320.0	2017.10.21	Bejaia, Algeria	
-105kg	African Standard				327.5	2017.10.17		
-120kg	Hussein Mohamed Fidan	Libya	11/09/1995	118.35	335.0	2019.10.05	Potchefstroom, South Africa	*
120+kg	African Standard				342.5	2017.10.17		
TOTAL								
-59kg	African Standard				570.0	2017.10.17		
-66kg	African Standard				630.0	2017.10.17		
-74kg	Rabah El Fekair	Algeria	28/03/1987	73.27	690.0	2017.10.20	Bejaia, Algeria	
-83kg	Toubal Fateh	Algeria	09/09/1983	81.60	797.5	2019.06.15	Helsingborg,Sweden	
-93kg	Amar Kanane	Algeria	03/10/1987	92.57	812.5	2018.06.17	Calgary, Canada	
-105kg	African Standard				822.5	2017.10.17		
-120kg	Fezan Bi Tiani	Ivory Coast	22/03/1988	119.47	850.0	2017.10.21	Bejaia, Algeria	
120+kg	Ilyes Boughalem	Algeria	11/01/1987	159.40	938.5	2019.10.05	Potchefstroom, South Africa	*
-59kg	African Standard				150.0	2017.10.17		
-66kg	African Standard				165.0	2017.10.17		
-74kg	African Standard				177.5	2017.10.17		
-83kg	African Standard				187.5	2017.10.17		
-93kg	African Standard				202.5	2017.10.17		
-105kg	African Standard				220.0	2017.10.17		
-120kg	African Standard				235.0	2017.10.17		
120+kg	Ilyes Boughalem	Algeria	11/01/1987	159.40	291.0	2019.10.05	Potchefstroom, South Africa	*

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - SUBJUNIOR						as at	06/10/2019	
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status
SQUAT								
-53kg	African Standard				150.0	2017.10.17		
-59kg	Karim Barkouk	Algeria	13/10/2000	57.99	160.5	2018.10.20	Meknes,Morocco	
-66kg	African Standard				172.5	2017.10.17		
-74kg	Hicham Bencheikh	Algeria	29/05/2003	74.00	190.0	2019.10.05	Potchefstroom, South Africa	*
-83kg	Bendjedou Noureddine	Algeria	15/11/1999	81.81	220.0	2017.10.19	Bejaia, Algeria	
-93kg	Saeid M Al Hasi	Libya	01/10/2001	91.35	235.0	2019.10.05	Potchefstroom, South Africa	*
-105kg	African Standard				227.5	2017.10.17		
-120kg	African Standard				237.5	2017.10.17		
120+kg	African Standard				245.0	2017.10.17		
BENCH PRESS								
-53kg	African Standard				95.0	2017.10.17		
-59kg	African Standard				105.0	2017.10.17		
-66kg	African Standard				120.0	2017.10.17		
-74kg	African Standard				135.0	2017.10.17		
-83kg	African Standard				150.0	2017.10.17		
-93kg	African Standard				160.0	2017.10.17		
-105kg	African Standard				167.5	2017.10.17		
-120kg	African Standard				177.5	2017.10.17		
120+kg	African Standard				187.5	2017.10.17		
DEADLIFT								
-53kg	African Standard				177.5	2017.10.17		
-59kg	Jugurtha Khedache	Algeria	29/05/1999	58.66	200.0	2017.10.19	Bejaia, Algeria	
-66kg	Ayoub Guiroud	Algeria	23/06/2000	65.64	205.0	2017.10.19	Bejaia, Algeria	
-74kg	Hicham Bencheikh	Algeria	29/05/2003	74.00	219.0	2019.10.05	Potchefstroom, South Africa	*
-83kg	Mohamed Ferdjoukh	Algeria	11/03/2001	79.65	250.0	2019.10.05	Potchefstroom, South Africa	*
-93kg	Saeid M Al Hasi	Libya	01/10/2001	91.35	291.0	2019.10.05	Potchefstroom, South Africa	*
-105kg	Abdullah Abou Dabous	Libya	01/09/2001	99.30	261.0	2019.10.05	Potchefstroom, South Africa	*
-120kg	African Standard				270.0	2017.10.17		
120+kg	African Standard				280.0	2017.10.17		
TOTAL								
-53kg	African Standard				397.5	2017.10.17		
-59kg	African Standard				425.0	2017.10.17		
-66kg	Youssef Hani	Egypt	23/06/2000	64.72	462.5	2017.10.19	Bejaia, Algeria	
-74kg	Hicham Bencheikh	Algeria	29/05/2003	74.00	511.5	2019.10.05	Potchefstroom, South Africa	*
-83kg	Bendjedou Noureddine	Algeria	15/11/1999	81.81	565.0	2017.10.19	Bejaia, Algeria	
-93kg	Saeid M Al Hasi	Libya	01/10/2001	91.35	666.0	2019.10.05	Potchefstroom, South Africa	*
-105kg	African Standard				615.0	2017.10.17		
-120kg	African Standard				647.5	2017.10.17		
120+kg	African Standard				667.5	2017.10.17		
BENCH PRESS (SINGLE LIFT)								
-53kg	African Standard				120.0	2017.10.17		
-59kg	African Standard				130.0	2017.10.17		
-66kg	African Standard				140.0	2017.10.17		
-74kg	African Standard				150.0	2017.10.17		
-83kg	African Standard				160.0	2017.10.17		
-93kg	African Standard				170.0	2017.10.17		
-105kg	African Standard				180.0	2017.10.17		
-120kg	African Standard				190.0	2017.10.17		
120+kg	African Standard				200.0	2017.10.17		

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - JUNIOR						as at	06/10/2019	
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status
SQUAT								
-53kg	African Standard				177.5	2017.10.17		
-59kg	African Standard				192.5	2017.10.17		
-66kg	African Standard				212.5	2017.10.17		
-74kg	African Standard				232.5	2017.10.17		
-83kg	African Standard				255.0	2017.10.17		
-93kg	African Standard				270.0	2017.10.17		
-105kg	African Standard				285.0	2017.10.17		
-120kg	African Standard				300.0	2017.10.17		
120+kg	Mousa Abdulrahman	Libya	10/09/1996	157.2	330.0	2019.10.05	Potchefstroom, South Africa	*
BENCH PRESS								
-53kg	African Standard				125.0	2017.10.17		
-59kg	African Standard				135.0	2017.10.17		
-66kg	African Standard				145.0	2017.10.17		
-74kg	African Standard				160.0	2017.10.17		
-83kg	African Standard				172.5	2017.10.17		
-93kg	African Standard				187.5	2017.10.17		
-105kg	African Standard				202.5	2017.10.17		
-120kg	African Standard				217.5	2017.10.17		
120+kg	African Standard				227.5	2017.10.17		
DEADLIFT								
-53kg	African Standard				192.5	2017.10.17		
-59kg	African Standard				212.5	2017.10.17		
-66kg	Brandon Samuels	South Africa	21/04/1998	64.9	252.5	2019.10.05	Potchefstroom, South Africa	*
-74kg	Mohammed Almilyan	Libya	01/10/1994	73.01	250.0	2017.10.19	Bejaia, Algeria	
-83kg	Bendjedou Lamine	Algeria	02/01/1997	81.55	270.5	2019.10.05	Potchefstroom, South Africa	*
-93kg	Saeid M Al Hasi	Libya	01/10/2001	91.35	291.0	2019.10.05	Potchefstroom, South Africa	*
-105kg	African Standard				300.0	2017.10.17		
-120kg	Eslam Salem Merwas	Libya	16/11/1997	117.65	325.0	2019.10.05	Potchefstroom, South Africa	*
120+kg	Hussain M Hussain Fidan	Libya	09/11/1995	131.78	330.0	2018.10.20	Meknes, Morocco	
TOTAL								
-53kg	African Standard				465.0	2017.10.17		
-59kg	African Standard				512.5	2017.10.17		
-66kg	Ahmed Al Darwge	Libya	04/12/1995	65.68	570.0	2018.10.20	Meknes, Morocco	
-74kg	African Standard				615.0	2017.10.17		
-83kg	African Standard				667.5	2017.10.17		
-93kg	African Standard				712.5	2017.10.17		
-105kg	African Standard				745.0	2017.10.17		
-120kg	Eslam Salem Merwas	Libya	16/11/1997	117.65	797.5	2019.10.05	Potchefstroom, South Africa	*
120+kg	Mousa Abdulrahman	Libya	10/09/1996	157.2	820.0	2019.10.05	Potchefstroom, South Africa	*
BENCH PRESS (SINGLE LIFT)								
-53kg	African Standard				130.0	2017.10.17		
-59kg	African Standard				140.0	2017.10.17		
-66kg	African Standard				150.0	2017.10.17		
-74kg	African Standard				162.5	2017.10.17		
-83kg	African Standard				177.5	2017.10.17		
-93kg	African Standard				192.5	2017.10.17		
-105kg	African Standard				210.0	2017.10.17		
-120kg	African Standard				225.0	2017.10.17		
120+kg	African Standard				235.0	2017.10.17		

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - MASTER 1						as at	06/10/2019		
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status	
SQUAT									
-59kg	African Standard				177.5	2017.10.17			
-66kg	African Standard				197.5	2017.10.17			
-74kg	Mohammed Aliksanderani	Libya	1972	73.6	230.0	2017.10.19	Bejaia, Algeria		
-83kg	African Standard				245.0	2017.10.17			
-93kg	African Standard				270.0	2017.10.17			
-105kg	African Standard				290.0	2017.10.17			
-120kg	African Standard				305.0	2017.10.17			
120+kg	African Standard				315.0	2017.10.17			
BENCH PRESS									
-59kg	African Standard				135.0	2017.10.17			
-66kg	African Standard				145.0	2017.10.17			
-74kg	African Standard				155.0	2017.10.17			
-83kg	African Standard				170.0	2017.10.17			
-93kg	African Standard				185.0	2017.10.17			
-105kg	African Standard				200.0	2017.10.17			
-120kg	African Standard				215.0	2017.10.17			
120+kg	African Standard				230.0	2017.10.17			
DEADLIFT									
-59kg	African Standard				227.5	2017.10.17			
-66kg	African Standard				245.0	2017.10.17			
-74kg	Mohammed Aliksanderani	Libya	1972	73.6	271.0	2017.10.19	Bejaia, Algeria		
-83kg	African Standard				290.0	2017.10.17			
-93kg	African Standard				310.0	2017.10.17			
-105kg	African Standard				322.5	2017.10.17			
-120kg	African Standard				342.5	2017.10.17			
120+kg	Alauldin Al Shaykhi	Libya	14/07/1978	137.6	360.0	2019.10.05	Potchefstroom, South Africa	*	
TOTAL									
-59kg	African Standard				517.5	2017.10.17			
-66kg	African Standard				575.0	2017.10.17			
-74kg	Mohammed Aliksanderani	Libya	1972	73.6	636.0	2017.10.19	Bejaia, Algeria		
-83kg	African Standard				677.5	2017.10.17			
-93kg	African Standard				722.5	2017.10.17			
-105kg	African Standard				755.0	2017.10.17			
-120kg	African Standard				780.0	2017.10.17			
120+kg	Alauldin Al Shaykhi	Libya	14/07/1978	137.6	860.0	2019.10.05	Potchefstroom, South Africa	*	
BENCH PRESS (SINGLE LIFT)									
-59kg	African Standard				140.0	2017.10.17			
-66kg	African Standard				150.0	2017.10.17			
-74kg	African Standard				162.5	2017.10.17			
-83kg	African Standard				177.5	2017.10.17			
-93kg	African Standard				192.5	2017.10.17			
-105kg	African Standard				210.0	2017.10.17			
-120kg	African Standard				225.0	2017.10.17			
120+kg	African Standard				235.0	2017.10.17			

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - MASTER 2						as at	06/10/2019	
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status
SQUAT								
-59kg	African Standard				162.5	2017.10.17		
-66kg	African Standard				177.5	2017.10.17		
-74kg	African Standard				197.5	2017.10.17		
-83kg	African Standard				217.5	2017.10.17		
-93kg	African Standard				232.5	2017.10.17		
-105kg	Christo Schoonraad	South Africa	23/03/1963	102.01	245.0	2017.10.20	Bejaia, Algeria	
-120kg	African Standard				255.0	2017.10.17		
120+kg	African Standard				265.0	2017.10.17		
BENCH PRESS								
-59kg	African Standard				112.5	2017.10.17		
-66kg	African Standard				122.5	2017.10.17		
-74kg	African Standard				137.5	2017.10.17		
-83kg	Abdelali Yacoubi Sahli	Morocco	01/01/1996	81.21	150.0	2018.06.17	Calgary, Canada	
-93kg	African Standard				157.5	2017.10.17		
-105kg	Colin Young	South Africa	09/06/1957	103.35	166.0	2018.10.20	Meknes, Morocco	
-120kg	African Standard				175.0	2017.10.17		
120+kg	African Standard				185.0	2017.10.17		
DEADLIFT								
-59kg	African Standard				197.7	2017.10.17		
-66kg	African Standard				217.5	2017.10.17		
-74kg	African Standard				232.5	2017.10.17		
-83kg	African Standard				250.0	2017.10.17		
-93kg	African Standard				270.0	2017.10.17		
-105kg	African Standard				280.0	2017.10.17		
-120kg	African Standard				290.0	2017.10.17		
120+kg	African Standard				300.0	2017.10.17		
TOTAL								
-59kg	African Standard				455.0	2017.10.17		
-66kg	African Standard				497.5	2017.10.17		
-74kg	African Standard				547.5	2017.10.17		
-83kg	African Standard				585.0	2017.10.17		
-93kg	African Standard				625.0	2017.10.17		
-105kg	African Standard				657.5	2017.10.17		
-120kg	African Standard				682.5	2017.10.17		
120+kg	African Standard				702.5	2017.10.17		
BENCH PRESS (SINGLE LIFT)								
-59kg	African Standard				115.0	2017.10.17		
-66kg	African Standard				125.0	2017.10.17		
-74kg	African Standard				140.0	2017.10.17		
-83kg	Abdelali Yacoubi Sahli	Morocco	01/01/1996	81.21	150.0	2018.06.17	Calgary, Canada	
-93kg	African Standard				160.0	2017.10.17		
-105kg	African Standard				167.5	2017.10.17		
-120kg	Gerhardus Oosthuizen	South Africa	03/04/1964	117.1	180.0	2019.10.02	Potchefstroom, South Africa	*
120+kg	Ian Furman	South Africa	06/11/1967	131.1	195.0	2018.05.20	Sandton, South Africa	

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - MASTER 3						as at	06/10/2019		
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status	
SQUAT									
-59kg	African Standard				130.0	2017.10.17			
-66kg	African Standard				145.0	2017.10.17			
-74kg	African Standard				160.0	2017.10.17			
-83kg	African Standard				172.5	2017.10.17			
-93kg	African Standard				182.5	2017.10.17			
-105kg	African Standard				192.5	2017.10.17			
-120kg	Abdalla Elmaghrebi	Libya	25/12/1955	108.6	220.0	2017.10.20	Bejaia, Algeria		
120+kg	African Standard				207.5	2017.10.17			
BENCH PRESS									
-59kg	African Standard				90.0	2017.10.17			
-66kg	African Standard				100.0	2017.10.17			
-74kg	African Standard				112.5	2017.10.17			
-83kg	African Standard				122.5	2017.10.17			
-93kg	African Standard				132.5	2017.10.17			
-105kg	Colin Young	South Africa	09/06/1957	103.35	166.0	2018.10.20	Meknes, Morocco		
-120kg	African Standard				147.5	2017.10.17			
120+kg	African Standard				152.5	2017.10.17			
DEADLIFT									
-59kg	African Standard				162.5	2017.10.17			
-66kg	African Standard				182.5	2017.10.17			
-74kg	Yunus Hassen	South Africa	01/05/1954	71.3	206.0	2019.10.05	Potchefstroom, South Africa	*	
-83kg	African Standard				217.5	2017.10.17			
-93kg	African Standard				227.5	2017.10.17			
-105kg	African Standard				242.5	2017.10.17			
-120kg	Abdalla Elmaghrebi	Libya	25/12/1955	108.6	250.0	2017.10.20	Bejaia, Algeria		
120+kg	African Standard				260.0	2017.10.17			
TOTAL									
-59kg	African Standard				377.5	2017.10.17			
-66kg	African Standard				415.0	2017.10.17			
-74kg	African Standard				455.0	2017.10.17			
-83kg	African Standard				487.5	2017.10.17			
-93kg	African Standard				522.5	2017.10.17			
-105kg	African Standard				547.5	2017.10.17			
-120kg	Abdalla Elmaghrebi	Libya	25/12/1955	108.6	587.5	2017.10.20	Bejaia, Algeria		
120+kg	African Standard				580.0	2017.10.17			
BENCH PRESS (SINGLE LIFT)									
-59kg	African Standard				92.5	2017.10.17			
-66kg	African Standard				102.5	2017.10.17			
-74kg	African Standard				115.0	2017.10.17			
-83kg	African Standard				125.0	2017.10.17			
-93kg	African Standard				135.0	2017.10.17			
-105kg	Colin Young	South Africa	09/06/1957	103.35	166.0	2018.10.20	Meknes, Morocco		
-120kg	African Standard				150.0	2017.10.17			
120+kg	African Standard				155.0	2017.10.17			

AFRICAN POWERLIFTING RECORDS - CLASSIC MEN - MASTER 4						as at	06/10/2019	
Weight class	Name	Nation	Born	Body weight	Result	Date	Location	Status
SQUAT								
-59kg	African Standard				115.0	2017.10.17		
-66kg	African Standard				130.0	2017.10.17		
-74kg	African Standard				140.0	2017.10.17		
-83kg	African Standard				150.0	2017.10.17		
-93kg	African Standard				160.0	2017.10.17		
-105kg	African Standard				167.5	2017.10.17		
-120kg	African Standard				172.5	2017.10.17		
120+kg	African Standard				177.5	2017.10.17		
BENCH PRESS								
-59kg	African Standard				72.5	2017.10.17		
-66kg	African Standard				80.0	2017.10.17		
-74kg	African Standard				85.0	2017.10.17		
-83kg	African Standard				95.0	2017.10.17		
-93kg	African Standard				102.5	2017.10.17		
-105kg	African Standard				112.5	2017.10.17		
-120kg	African Standard				117.5	2017.10.17		
120+kg	African Standard				122.5	2017.10.17		
DEADLIFT								
-59kg	African Standard				135.0	2017.10.17		
-66kg	African Standard				150.0	2017.10.17		
-74kg	African Standard				162.5	2017.10.17		
-83kg	African Standard				177.5	2017.10.17		
-93kg	African Standard				187.5	2017.10.17		
-105kg	African Standard				197.5	2017.10.17		
-120kg	African Standard				207.5	2017.10.17		
120+kg	African Standard				212.5	2017.10.17		
TOTAL								
-59kg	African Standard				320.0	2017.10.17		
-66kg	African Standard				347.5	2017.10.17		
-74kg	African Standard				382.5	2017.10.17		
-83kg	African Standard				410.0	2017.10.17		
-93kg	African Standard				440.0	2017.10.17		
-105kg	African Standard				465.0	2017.10.17		
-120kg	African Standard				475.0	2017.10.17		
120+kg	African Standard				485.0	2017.10.17		
BENCH PRESS (SINGLE LIFT)								
-59kg	African Standard				75.0	2017.10.17		
-66kg	African Standard				82.5	2017.10.17		
-74kg	African Standard				87.5	2017.10.17		
-83kg	African Standard				97.5	2017.10.17		
-93kg	African Standard				110.0	2017.10.17		
-105kg	African Standard				115.0	2017.10.17		
-120kg	African Standard				120.0	2017.10.17		
120+kg	African Standard				125.0	2017.10.17		